

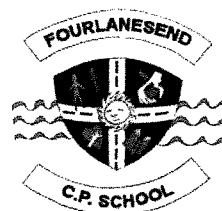
Fourlanesend Community Primary School

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24th February 2023



Message from Head teacher: Just to let you know school will be open as usual on Thursday. We have added some excellent resources to our website giving support for well-being, anxiety etc in children. These can be found under support at home. For World Book Day, the school council have agreed that children can dress as a book character who has inspired them. There will be prizes for the best costumes and please don't worry about spending money on costumes, the home made ones are always the best!

Dates For Your Diary

Thurs 2nd Mar - World Book Day.

Weds 8th Mar - Class Lynher Immersive Dome Experience.

Thurs 9th Mar - Football match v Pensilva (home).

Fri 10th Mar - Landrake Inter School Cross-Country Run (KS2).

Weds 15th Mar - Year 5 Junior Lifeskills at Liskeard Fire Station.

Thurs 16th Mar - Football match v Pelynt (away).

Fri 17th Mar - Comic Relief Red Nose Day.

Weds 22nd Mar - Parents afternoon/evening.

Tues 28th Mar - Football match v Harrowbarrow (away).

Fri 31st Mar - Last day of term, 2pm finish.

Mon 17th Apr - Back to school.

Mon 1st May - May Day Bank Holiday.

Mon 8th May - Bank Holiday.

Tues 9th - Fri 12th May - SATs week.

Fri 26th May - Sports Day.

Mon 29th May - Friday 2nd Jun - Half term.

Fri 21st Jul - Last day of school.

Easter Bonnets

Advanced notice of this year's theme for our Easter bonnets - Coronation! For our new families who aren't aware of what we do, each year we ask all children to make an Easter bonnet with a particular theme as part of our Easter celebration on the last day of term (31st March).

BREAKFAST & AFTER SCHOOL CLUB AT FOURLANESEND

7.45am-8.45am
3:15pm-5:30pm

For more information and to book a place for your child, please contact the office.
Places **MUST** be booked at least 24hrs in advance.

Class Tamar

We are delighted to announce that Mrs Green will be returning to Class Tamar after Easter. She is returning on a job share basis alongside Mr Gargan. We are thrilled that he has agreed to stay at Fourlanesend. This provides great continuity for the class and creates a strong team in Class Tamar.

Yoga Club

Unfortunately, Petty is unable to start the after school yoga club next week. This club will start on Monday 6th March. Apologies for any inconvenience caused.

St Piran's Day Menu - Monday 6th March

Traditional Steak Pasty or Cheese & Onion Pasty
(Jacket Potato available on request).

~
Jam & Cream Scone or Fruit / Yoghurt

Rame Better Birth Group

Millbrook Football Club, every Tuesday, 10am-2pm, term time.
Activities and free advice for the local community.

28th Feb - Learn basic sign language

7th Mar - Playdoh time

14th Mar - Music session with Jo Phillips

21st Mar - Awenek Studio (sensory play)

28th Mar - Easter crafts

Scomis Online Safety Newsletter

Please see reverse of newsletter for the February edition of the Scomis Online Safety Newsletter for parents and carers.

Class News

Class Lynher - In PE this week, we have played football with Daisy and then had a hockey lesson with Miss Mackie. In English we have been focussing on instruction and explanation texts, and in RE we have started our topic of Judaism. In PSHE, for our 'healthy me' topic, we have been agony aunts and had to write responses for various scenarios, thinking about wellbeing. By Molly, Jasmine & Rose

Class Tamar - In art this week, we have been inspired by our history topic of the Romans and have been learning all about mosaics, having a go at designing our own. In music, continuing our study of ABBA we listened to 'The Winner Takes It All' and talked about how different in tone and subject it is to 'Mamma Mia'. In PSHE, we thought about friendship circles and what makes a good friend and in science we have been studying the different types of skeletons including endoskeleton, exoskeleton and hydrostatic skeletons. By Bobby & Alma

Class Cremyll - We played Mr Men games with Daisy in PE this week. We had to pretend to be the characters! We have been learning about Judaism in RE - we learnt about the importance of Shabbat and about their special bread - challah. We also have been thinking about 'healthy me' in PSHE and how to look after our teeth. By Harriet, Molly & Thomas

Class Plym - This week we have looked at the cover of our new book 'Little Red Hen' and predicted what it will be about. We looked at a farm picture and wrote what we could see. In PE we had to move balls and ribbons around our bodies, the ball was hardest because it was so big. We've also been digging for treasure in our new sand pit. By Noah, S, Lola & Mali

Welcome to the February 2023 Scomis Online Safety Newsletter for Parents and Carers

Online Gaming

In the December 2022 issue of the SCOMIS Online Safety newsletter we recommended 'setting up before wrapping up' video games and consoles. In this issue we sign-post you to the advice and guidance available for parents and carers about Online Gaming. Knowing where begin looking can be a challenge! The following websites have lots of information, summarised as follows:

Childnet—[Online Gaming](#); an introduction for parents and carers includes advice on:

- How and where to play safely
- The risks
- Frequently asked questions
- Support and information

CEOPS ThinkUKnow—[Gaming: what parents and carers need to know](#) includes advice on:

- 3 ways to make gaming safer for your child
- how risky is in-game chat?
- how to tell what is an age appropriate game
- In App purchases

Internet Matters—[Online Gaming | Resources for Parents - Internet Matters](#) includes advice on:

- setting parental controls on games and consoles
- gaming guides for parents
- gaming guides for children
- gaming books

Family Lives—[Gaming | Family Lives](#) includes advice on:

- talking to your child about gaming
- keeping teens safe
- setting boundaries

watch the video on Pros and cons of social media: [top tips to help parents of teens](#)

NSPCC— [Online Games: understand the risks and get advice to help children play online games safely](#)

Find out more about:

- age ratings of games they play
- messaging and contact functions on the games
- trolling, grieving and scams
- how to report problems

Young Minds—[Gaming: A guide for parents](#) includes:

- how gaming may affect mental health
- what to do if you are worried
- finding professional help
- further support

South West Grid for Learning—[Online Safety and Gaming](#) includes articles on:

- what is gaming?
- benefits of gaming
- why people game
- the gaming community
- basic privacy and security settings

Review the [Gaming Dictionary](#) and discover the meaning of: FPS, CCG, MMO and much more.

Reminder—check the websites:

[Childnet's Parent and Carer's Toolkit](#)

[ThinkUKnow's advice for Parents and Carer's](#)

Screen time—Benefits v Potential Risks

Have you considered the effects of screen time for your child?

Benefits of screen time identified by [Internet Matters](#) include:

- Online games and activities can enhance teamwork and creativity
- The internet gives children access to a wealth of information to help build their knowledge
- Interacting with computers improves both visual intelligence and hand-eye coordination

Potential risks include:

- Sleep cycles are affected by blue light from the screen
- Impact on behaviour
- Impact on brain development

Review [Internet Matters](#) article in full [here](#)

Watch the [video](#) from [Common Sense Media](#) on the 5 signs to make sure your child has a healthy relationship with screen time



Social Media Guides

Is your child using Social Media?

Is your child using chat sites to talk to family and friends?

Is your child sharing selfies?

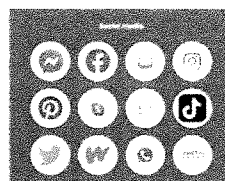
Do you need help with setting up parental controls?

If you answered yes to any of the above questions visit

[Internet Matters](#) and review their advice and guidance on:

Facebook Messenger Facetime Instagram Skype

TikTok Whatpad Whatsapp Youbo (and more!)



Remember if your child is gaming online, they may be chatting and communicating with other players or friends. [Internet Matters](#) has provided safety guides to help keep your child safe on:

[Steam](#) [Xbox live](#) [Twitch TV](#) [Roblox](#) [Minecraft](#) [PlayStation](#)

[Network](#) [Nintendo Network](#) – NB Nintendo's consoles are more family-friendly than most and therefore its chat functionality is a lot more geared to safe interaction for younger players.

Need Help in the holidays?

Remember **FREE** advice is just a phone call away from the NSPCC helpline:
0808 800 5002

SCOMIS

RAME BETTER BIRTH GROUP

At Millbrook Football Club

**Activities and free advice
for the local community**

21/02 Awenek Studio
(sensory play)

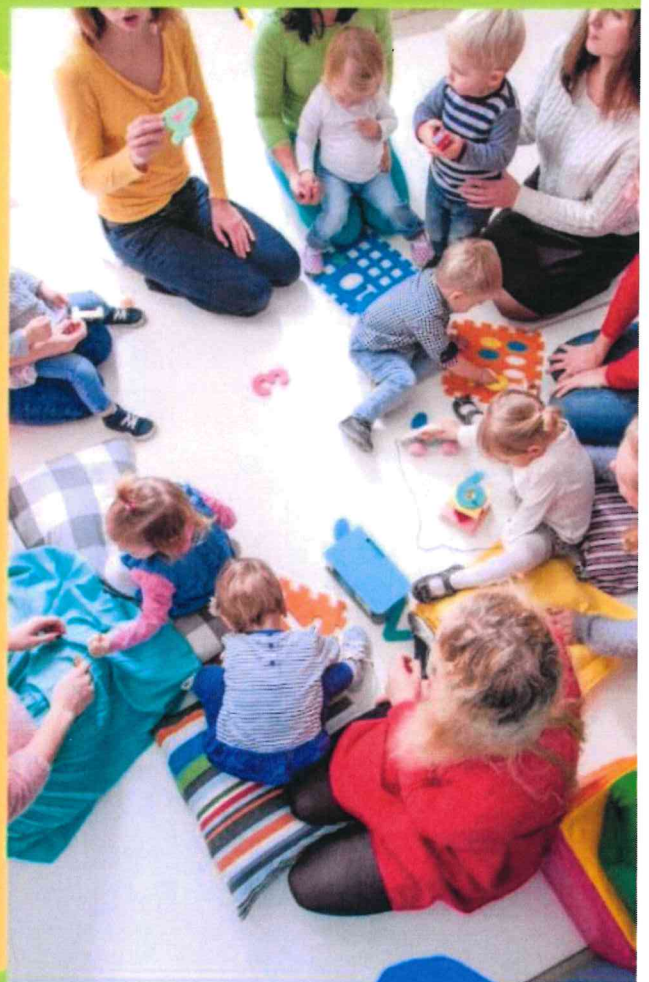
28/02 Learn Basic
Sign Language

07/03 Playdoh time

14/03 Music session
with Jo Phillips

21/03 Awenek Studio
(sensory play)

28/03 Easter crafts



Every Tuesday 10am-12pm. Term time
only. Donation/session £2.

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