

# Foulanesend Community Primary School

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24th November 2023



**Message from Head teacher:** An idea that has been raised with us has been 'paying forward' donations for school visits and trips. On ParentPay we have now added a voluntary contribution payment item so that you are able to add a donation that will support other families who are not able to fund the full contribution. By parents 'paying forward', the school won't need to supplement from the school budget.

## Dates For Your Diary

**Mon 27th Nov** - Class Cremyll & Lynher trip to Truro.

**Fri 1st Dec** - Mufti day for hamper items.

**Weds 6th Dec** - Class Tamar trip to Plymouth University.

**Thurs 7th Dec** - Christmas Jumper Day.

**Fri 8th Dec** - No Celebration Assembly.

**Weds 13th Dec** - Christmas Performances . KS1- 4.15pm & KS2 - 5pm.

**Thurs 14th Dec** - Christmas Performances (afternoon).

**Fri 15th Dec** - Christmas Fayre.

**Mon 18th Dec** - Christmas dinner.

**Tues 19th Dec** - Party day & Last day of term, 2pm finish.

**Thurs 4th Jan** - Back to school.

**Fri 5th Jan** - No Celebration Assembly.

**Thurs 18th Jan** - Class Plym & Cremyll trip to Dartmoor Zoo.

**Fri 9th Feb** - Last day of half term

**Mon 12th - Fri 16th Feb** - Half term.

## New PE Shed & Pigs - Volunteers Needed

As part of the charitable work completed by Mway Comms we are having a new PE shed built on our school field. This will replace our existing shed. The new shed will arrive on Wednesday and the plan is to demolish the old shed next weekend and put up the new one. The company has asked for volunteers to help with the work. If you are able to offer any time next weekend to join them please contact the office.

A huge thank you to Ben and Nikki who moved the pigs this week. They are still onsite but further up the school field clearing another space. The area they have been in now needs some work so it can be transformed back into a wildlife garden. If you can help, please speak to us or Ben.

## BREAKFAST & AFTER SCHOOL CLUB AT FOURLANESEND

7.45am-8.45am  
3:15pm-5:30pm

For more information and to book a place for your child, please contact the office.  
Places **MUST** be booked at least 24hrs in advance.

### Menu Changes Next Week

#### Monday:

Spanish Chicken & Potatoes or Vegetarian Quiche

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Chocolate Muffin/Yoghurt/Fruit

#### Friday:

Southern Fried Chicken Wrap or Quorn Nuggets, Chips & Beans

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Ice Lolly/Yoghurt/Fruit

### Mufti Day - Friday 1st December

Mufti day next Friday in return for hamper items to be raffled at the Christmas Fayre. Thank you.

### Bikeability

For the children in year 4 and year 6 who expressed an interest in taking part in Bikeability, the sessions will now be happening in January.

### Tempest Photographs

A polite reminder that the closing date for free delivery back to school is Tuesday 28th November. Order through the Tempest website using your unique link or visit [www.tempest-orders.co.uk](http://www.tempest-orders.co.uk). If you need any assistance in ordering your photos, feel free to contact Tempest on 01736 751555 (option 3).

### Children in Need

Thank you for all your support with the Bring & Buy sale last week. The total raised for Children in Need was £127.03!

### Time2Move Holiday Programme

Activities are taking place across Cornwall during the Christmas holidays. Activities including multi sports, circus skills, arts and crafts and lots more. For children aged 5 to 16. Every session includes a healthy meal for all children. Funded places for ALL children eligible for benefits-related free school meals.

## Class News

**Class Lynher** - In computing we made our own home page and subpage for a website. We learnt to link to pages and websites and add photos and videos. In English we are doing poetry and read a poem by Ted Hughes about autumn. We wrote one together about spring and are going to write our own about winter. In maths, we are learning types of numbers such as square and cube. By Lydia & Daniel

**Class Tamar** - In science this week we conducted an experiment looking at shadows and how the distance of a light source from an object can affect the size of its shadow. In computing, we have started our unit on animation and had a go at creating our own short films. In RE, we have been learning about the Hindu concept of karma and the circle of life and rebirth depending on how good you have been in your life. By Bobby & Autumn

**Class Cremyll** - In PE, we have been practising bouncing balls building up to a mini game of basketball. With Mr M, we continued with gymnastics. In science, we have been learning about summer and how it differs to winter - we talked about how we can wear different clothes in summer and there is less rainfall. In RE, we have thought about what the different people in the Nativity story might have said to the baby Jesus. By Lola & Jack

**Class Plym** - In PE, we have continued with travelling and balancing and we have also been doing lots of Christmas play practise! We followed a recipe to make playdoh and made pictures out of triangles. In RE, we found out who came to visit the baby Jesus and recapped the Nativity story. We have also been looking at the numbers 4 and 5. By Amy

## Music Lessons

Gavin visits every Friday and provides guitar lessons to children at school. If you are interested in your child learning the guitar please contact the office or look online at My Guitar Lessons Plymouth.

If your child would like to start singing/violin/piano lessons, please sign up at: <https://cmst.co.uk/signup>  
Jo Ballard teaches in school every Friday.

## Football Fun Day

Please see reverse of newsletter for details of a Football Fun Day taking place at Millbrook Football Club.



# CHRISTMAS 2023

Activities are taking place across Cornwall  
during the Christmas holidays!

Scan here to book!



- Activities including multi sports, circus skills, arts and crafts and lots more
- For children aged 5 to 16
- Every session includes a healthy meal for all children
- Funded places for ALL children eligible for benefits related free school meals







Millbrook  
Parish Council



# MILLBROOK CHRISTMAS LIGHTS SWITCH ON

TUESDAY 5TH DECEMBER 2023

MILLBROOK TANYARD

All children attending need to be accompanied  
by a parent/guardian.  
School staff will be there to support the event,  
not to look after your child.



## EVENT SCHEDULE

FROM 4:30PM

EVENT OPENING  
CAROL SINGING  
FREE SANTA'S GROTTO  
FOOD & DRINKS AVAILABLE

6:00PM

VILLAGE LIGHTS SWITCH ON

6:30PM

COMPETITION WINNERS ANNOUNCED

- CHILDRENS TREE DECORATIONS
- WINDOW DISPLAYS



# MILLBROOK CHRISTMAS Market

SUN 3RD DEC



11 AM - 4 PM

**Millbrook Football Club**

**FREE ENTRY**

Gifts & Treats from Local  
Independent Businesses  
Handmade Crafts  
Festive Refreshments



[millbrookchristmasmarket](#)





Sun 10th December • 10am to 3pm

FOOTBALL FUN DAY

# Christmas kickabout

**Minis**  
**4 - 5yrs**  
10am - 12pm  
£10 per child

**Youth**  
**6 - 11yrs**  
10am - 3pm  
£20 per child  
£10 per sibling  
(please bring a packed lunch)



for more information & to book:  
[thebrook.mfc@gmail.com](mailto:thebrook.mfc@gmail.com)



# Supporting healthy relationships

Free  
online  
courses

No matter where you are in your parenting journey, we can help you learn to manage stress and communicate more effectively.

Whether you are parenting together or separately, one of the best things you can do for your child is to improve the relationship between parents.

**The courses can be accessed online, entirely on your own, or through a group workshop** - where you can meet other parents and professionals.

## Courses available:

### ▶ **Me, You and Baby Too**

To help new and expecting parents navigate the changes that happen in their relationship when a baby arrives.

### ▶ **Arguing better**

To help anyone looking to learn how to cope better with stress and deal with arguments in a healthy way.

### ▶ **Getting it right for children**

To help separated or separating parents learn to manage conflict and minimise the impact it has on their children.

