

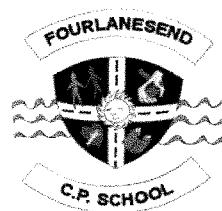
Fourlanesend Community Primary School

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23rd October 2020



Message from Head teacher: Well it has been a very different half term, however we have been so pleased to see you all and welcome back the children. We are shattered, as are the children. I hope you all enjoy a well deserved, restful half term. A message I have given to all staff and I would like to pass on to all of you: Please be mindful and follow the safety guidance given by the government. We are doing the best we can to ensure the safety of you and your children, please can you do the same for us.

Dates For Your Diary

Fri 23rd Oct - Last day before half term break.

Mon 26th - Fri 30th Oct- Half term.

Tues 3rd Nov - Nasal Flu immunisations.

Thurs 12th Nov - Tempest individual photos.

Fri 11th Dec - Christmas Jumper Day.

Fri 18th Dec- Last day of term.

Mon 4th Jan - Inset day.

Tues 5th Jan - Back to school.

AFTER SCHOOL CLUB AT FOURLANESEND 3:15pm-5:30pm

Please contact the office to book a place for your child.
Places **MUST** be booked at least 24hrs in advance.

A BIG THANK YOU!

Thank you so much to Rosie French and Awenek Studio for putting together Halloween craft packs for every family in school!

Very Important Information About Changes to The Start and End of The School Day.

Following a review of our risk assessments for the school we are going to trial some changes to our staggered starts and finishes. We need your help to do this as the most important thing is that the children don't all arrive together. So please use your common sense and if you can see there are a lot of families at the gate, please wait. We are reducing the slots to 5 minutes, please help us by arriving promptly and leaving promptly.

We will give it a couple of weeks to see how it goes and let families get into the swing of it.
Group A will start at 8.45am and finish at 3.05pm.

Group B will start at 8.50am and finish at 3.10pm.

Group C will start at 8.55am and finish at 3.15pm.

Important Information Regarding School Dinners

We have sent home activation letters regarding ParentPay which we will start using after half term. Any dinner money that is currently outstanding will need to be paid by cash or cheque to the school office.

After half term, the school meal price is increasing to **£2.34 per day**. If they have a meal every day, it will be £9.36 for the week (5 meals for the price of 4).

A copy of the menu is in the 'about us' section on the school website.

Thursday 5th November - Bonfire Night School Dinner Menu

Pork or Quorn Sausage Hot Dog,
Potato Wedges, Beans & Peas

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Shortbread Biscuit

Class News

Class Lynher - We played a benchball tournament in PE and have another violin lesson this afternoon. We also did computing, learning all about spreadsheets! By Elyse, Corin & Lauren

Class Tamar - We have learnt more about the Indus Valley - learning about events and putting them in chronological order. We wrote instructions for a party game, putting our own twist on traditional games. By Phoebe D, Phoebe J & Jasmine
Class Cremyll - We have been learning about Christian weddings and have also written book reviews about a book of our choice. By Imogen & Joe

Class Plym - We tried to get dinosaurs out of ice and we have been making our own books and being authors & illustrators. By Hannah & Oliver

A Message from Permaculture Kernow

A few of the children's amazing environmental posters will be on display from the afternoon of Friday 23rd of October in The Peninsula Trust, Rame Centre in Millbrook. Fourlanesend School has an extensive and bio diverse garden, pond and polytunnel. To help this garden and Fourlanesend school children thrive, especially important in this present time of climate change we would like to gather a team of interested parents and children to help get the most out of these areas. By planting and managing the garden we can all help children and families alike, raising awareness of bio diversity, sharing plants and sowing seeds and observing growth of organic fruit and vegetables. If you would like to be part of this team please let the school know so we can get back to you with dates of planned workdays after half term.

Nasal Flu Immunisation Session

Date of Visit: Tuesday 3rd November

School Code: EE111960

Nasal Flu Consent Form Link: <https://www.kernowimmunisations.co.uk/Forms/Flu>
Tel No: 01872 221105/06

Deadline to submit: Friday 30th October, noon.

Please only submit a consent form if you have not already done so and would like your child vaccinated.

NSPCC - Pants

In our PHSE lessons throughout the school, we have been discussing the NSPCC's PANTS rules. These are designed to teach pupils how to stay safe from sexual abuse, without giving explicit information or telling scary stories or even using the term "sexual abuse". In the lesson, children will learn about the 'PANTS' acrostic which stands for:

- Privates are private.
- Always remember your body belongs to you.
- No means no.
- Talk about secrets that upset you.
- Speak up, someone can help.

The lessons are fully age-appropriate. More information about talking PANTS, including a short film and a parent guide can be found at <https://www.nspcc.org.uk>.

Half Term Activities

Cornwall Council's Together for Families team has created an autumn list of activities taking place next week. There's something for everyone and some funded spaces! www.cornwall.gov.uk/autumnhalfterm

Prizegiving Trophies

Please could any trophies from the last Prizegiving be returned to school as soon as possible.

ParentZone introduces Ollee!



Parent Zone recognises parents/carers are doing a great job in supporting their children's emotional wellbeing in these unprecedented times and believe parents/carers should have the best possible resources available and accessible.

What is Ollee?

Ollee is a virtual friend for children aged 8-11, created by Parent Zone and aims to make a difference to children's emotional wellbeing. Funded by **BBC Children in Need's A Million & Me initiative**, Ollee is designed to help parents do something they do naturally and as a matter of course: **support their children**.

How does Ollee work?

Ollee is designed to help children:

- reflect on how they feel
- process their experiences with support and help from their parents/carers
- offers advice about a range of subjects: **family, friends, school and more**



When is Ollee available?

It will be available, for free, from 26 October 2020
Visit ParentZone's website [here](#) and sign up for their bulletins.

Childnet updates TikTok Guidance

What is TikTok?

- TikTok was released in 2018 and is hugely popular
- a social media app that allows young people to create and share their own short videos.
- TikTok now has over 500 million users globally

What are the features of TikTok?

Features include:

- Creating videos adding filters, captions, much more
- Making videos faster or slower Friends can create a duet even when they are not together.
- Friends are referred to as 'fans'
- Users aim to get as many followers as possible
- Once a TikTok account has over 1,000 followers, it is also possible to create and share live videos.

Find out more about TikTok's features [here](#)

Age requirements on TikTok

TikTok has a minimum age of 13 and requires a date of birth at the point of registering.

What to be aware of

- TikTok is very popular among younger people
- TikTok has a large number of adult users
- Adults can create videos and interact with accounts that aren't private.
- TikTok profiles are automatically set to Public—they should be set to Private to protect your child if using TikTok

Check how to use TikTok and set up safely and make account **Private** [here](#)

Stay Safe!

Looking for support for older children?



The Mix provides essential support for under 25s. They provide a confidential helpline and counselling service.

Visit their website to find out more [here](#)

CommonSense Media PLUS

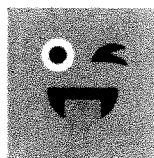
Register with CommonSense Media PLUS to gain access to:

- Personalising entertainment for your children
- Hand-picked advice from experts
- Filtering what's available on Amazon, Disney+, Netflix and more
- Identifying films that might not be 'appropriate'
- Help with getting your child their first mobile phone
- How screens might be affecting sleep

And much more!

Find out how [here](#) or simply join CommonSense Media's

Have you heard of WINK?



CommonSense Media's review states:

- Users technically have to be 17 to use the service
- There is no age-verification process
- This app is a poor choice for kids!

Do you what a Loot Box is?

- Loot boxes are virtual items users can purchase in games with real money
- Loot boxes are under scrutiny because some people believe they mimic gambling and an inquiry by the Department for Culture, Media, and Sport called for the regulation of loot boxes under gambling law and ban their sale to children.

How to treat it: Have an honest conversation with your children about loot boxes. Make sure they know that:

- They are spending **real money**
- Games may be engineered to encourage them to purchase such items

If you feel it is appropriate, you can set up parental controls for purchases

The UK Safer Internet Centre has produced a guide explaining **11 things you should know about loot boxes**. We recommend taking a look if you want more information about this new feature of the online landscape

Need Help

For young people - depending on the age of your child there are a range of places they can go for help, younger children [call Childline \(0800 1111\)](#) for help and support older children [The Mix](#) offer free and practical advice

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