

# Being Passionate About Parenting with an Introduction and awareness to ADHD



A 6 hour workshop for Parents / Carers of young people aged 5 to 11 years (primary up to year 6).

## Sessions Include:

- Top tips and strategies to support and understand behaviour
- Current information about the traits of ADHD
- Encouraging speaking and listening, turn taking and positive communication
- The benefits of routine and praise
- To provide support and useful resources to parents and carers and much more!

## FREE

Delivered over 3 sessions (1.5 hours per session)  
Delivered online with Microsoft teams  
**On Tuesdays 3<sup>rd</sup>, 10<sup>th</sup> & 17<sup>th</sup> August at 6:00-7:30 pm**

To book a place please complete the Early Help 'Request for Help' booking form on the link below:

[www.cornwall.gov.uk/earlyhelphub](http://www.cornwall.gov.uk/earlyhelphub)

Click on 'Request for Help' then on the request for help form. Complete, save

and email to [earlyhelphub@cornwall.gov.uk](mailto:earlyhelphub@cornwall.gov.uk)