



PE Games 2

CLASS PLYM

SPRING 2024

Can you make a scarf, bean bag and large ball move in different ways?



The ribbon was easier because it was lighter and had a handle,.



The ball with holes is easier because you can grab the holes.



Can you send an object towards a partner.

The big wall was easier to pass because you could see it.

The ball was easier to pass because it rolls.



Can you send an object towards a



I managed to
get lots of the
things in the
hoop. I am so
good at this!



Ohh, the ball
is hard
because it
rolls out of the
hoop.

I have to
look where
I want it to
go or it
won't go in.



Can you hit a target with an object?



The smaller balls seems to roll faster.



The cones are the target – I will get it!

I have 11 points now!



Can you pat and bounce a ball?



The small ball is so hard, it doesn't bounce as high.

The bigger ball is more bouncy and easier to hit with my hand.



If I look away then I always miss it!

We spent a lot of time on this as it was the thing that we found the most tricky.



Can you send and receive a ball in a game situation?



Quick! He's going to hit it over that way,



This game is a little tricky. I have to run to get the ball and then try to hit it.



**What I have learnt before:**

- We need to warm up before exercise to protect our body.
- We can hold out our arms to help us balance.
- I know to keep my eyes on the ball when bouncing it to improve accuracy.

Forever Facts

I know that exercise is good for my body and helps to keep me healthy.

If I move closer to the passer, it will be easier to receive the object.

I breathe heavier during exercise.

It is easier to receive a ball using two hands.

Skills

I can look where I want the ball to go

I can throw with two hands instead to help with accuracy.

When rolling a ball, the underarm technique is good for accuracy.

Endpoint:

I can apply my new ball skills to a game situation.

Exciting Books**Personal Development**

- To know that exercise is important for our body to keep us healthy.
- Working collaboratively with others.

Subject Specific Vocabulary

Directions

The path that something travels or points: left, right, up, down.

Receive

Take into possession something delivered (sent, passed).

Underarm throw

Applying a pushing force to an object where the arms go back and then forwards again but do not go above the head.

Passing (a ball)

Giving the ball to someone else.

Target

A mark to shoot at/aim for.