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| PE FLE Y1/2 Hockey | | |
| Our Endpoint  To take part in a mini hockey tournament. | | |
| |  | | --- | | **Forever Facts** | | Regular sport and exercise help us to stay healthy. | | The aim of the game is to score goals past the opposition’s goalkeeper. | | A competitive game is usually 70 minutes, in two halves. | | The team with the most goals wins. | | The foot of the hockey stick has a flat side and a curved side. | | The ball must be hit with the flat side of the hockey stick. | | In competitive field hockey matches, players wear shin pads and a gum shield for protection. | | Goalkeepers are heavily padded to allow them to block the ball with their body if they need to. | | Common fouls include raising the hockey stick above waist height and striking an opponent or their stick with your stick. | | |  | | --- | | **Exciting Books** | |  | | | | | |  |  | | --- | --- | | **Subject Specific Vocabulary** | | | field hockey | A sport played on a grass field with a ball by two teams of eleven players | | exercise | to be physically active | | control | to be in charge of your body movements | | coordination | the ability to use different body parts together smoothly | | balance | The distribution of weight to ensure that we are able to stand upright and steady | | defend | Preventing someone from passing or dribbling the ball or scoring. | | attack | Dribbling or passing the ball in order to create an opportunity to score. |  |  | | --- | | **Skills** | | Explore different ways of moving a ball. | | Understand the importance of stopping a ball. | | Talk about how to exercise safely. | | Begin to understand some concepts of game. | | Begin to show some understanding of simple tactics. | |
| **SMSC**  **Social –** Cooperating well with others  **Spiritual –** Sense of enjoyment and fascination in our learning  **Cultural –** Willingness to participate in sporting opportunities |