

A photograph of three young boys playing handball indoors. The boy in the center, wearing a yellow jersey, is in the middle of a throwing motion with his right arm extended forward. To his left, another boy in a teal and black jersey is holding a blue and white handball. To the right, a third boy in a yellow jersey and glasses is watching the play. The background is a blurred indoor sports hall.

PE Handball

Spring 2023



We started out by passing the ball in pairs keeping our knees flexible.

It was good to practice our throwing and catching skills.



We then progressed to moving and passing the ball. We had to call our partners name before we passed.

It was important to communicate to our partner to keep moving the ball.



We then started defending by holding our hands up to stop the ball being passed.

It was loud in the hall because of the cheering.



We combined all our skills to play team games.



PE SPR2 FLE 3/4 How do you play handball?

Cultural capital

Children are aware of a variety of team games. Consider careers in professional sport and associated areas.



Skills

How to pass the ball accurately
How to attack and defend
Use simple tactics

Forever Facts

Handball is a game where players, dribble and pass the ball.

I can only dribble for 3 steps OR 3 seconds before I must pass.

I am not allowed to pull punch or hit the ball out of the opponents hands.

What I have learnt before:

KS1: Argyle, Tag rugby, dance, hockey, athletics, cricket, dodgeball KS2: hockey, netball, swimming, dodgeball, basketball, athletics

Exciting Books



Our Endpoint

I can describe some of the rules and play handball

Subject Specific Vocabulary

Handball	a game where players use their hands to pass the ball to each other to score a goal.
Dribble	to bounce the ball for 4 steps only.
Pass	moving the ball to a team member by throwing.
Opponent	the opposition, the team that you are playing against.
Attack	to move the ball forward to try and score.
Defend	to try and stop the opponent from moving the ball and scoring.