

Games 2

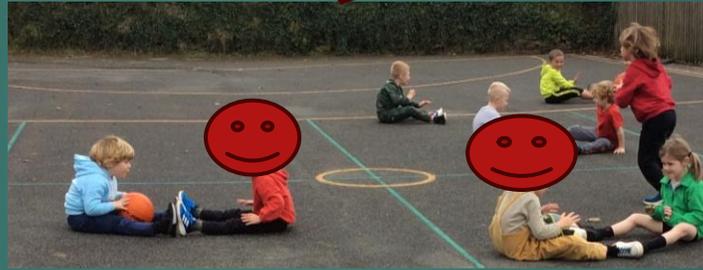
CLASS CREMYLL

PE AUTUMN 2 2023

Can you roll and stop a ball?



We passed it to each other 20 times without it rolling away.



It gets harder when we go further apart from each other. My legs helped to stop it before.



I have three points now. I rolled it into a big hoop and a small hoop.

Can you throw and catch a ball whilst on the move?



I am getting so much better at catching now – watch this!



We threw a ball to a partner at a close range and then stepped further and further back. Then we had a go at walking whilst bouncing a ball.

Can you bounce a ball whilst on the move?



I did 31 bounces without stopping.



It's funny because this is called dribbling.



I have to push quite hard for it to bounce up high enough.



I couldn't do it but I kept trying so now I can.



Can you intercept and try to get the ball?



YES! I got it!

This is a bit tricky.

It's hard to get the ball when it is bouncing.



Can I use my skills in a mini basketball style game?



I got it in the hoop and scored!



I have to bounce the ball, not run with it!



**What I have learnt before:**

- We need to warm up before exercise to protect our body.
- I know to keep my eyes on the ball when bouncing it to improve accuracy.

Forever Facts

I know to keep my eyes on the ball when waiting to receive it.

I know to put my opposite foot forward to my throwing hand.

I know to hold out both hands to show that I am ready to receive/catch a ball.

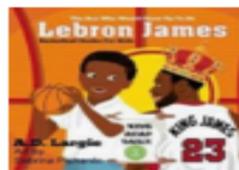
Skills

I can use my fingertips and not my hand to bounce a ball effectively.

I should release the ball when it is pointing towards the target for the best accuracy.

I should look for spaces to dribble into.

I should keep looking up and down at the ball when I am dribbling.

Exciting Books**Personal Development**

- To know that exercise is important for our body to keep us healthy.
- Working collaboratively with others.
- To know and follow simple rules in a game.

Subject Specific Vocabulary

Dribbling

Take the ball forwards and past opponents by continuous bouncing.

Receive

Take into possession something delivered (sent, passed).

Intercept

Stopping someone continuing.

Passing (a ball)

Giving the ball to someone else.

Target

A mark to shoot at/aim for.

Endpoint:

I Can apply my new ball skills to a game situation.