



# PE – Games 4

CLASS CREMYLL

SPRING 2 2024

# Can you throw and catch a ball in different ways?



It was harder to catch the ball when we went back some steps.

I have to have my eyes on the ball and my hands ready to make sure I catch it.



# Can you send and receive a ball?



Woah, I think you're too far away. Can you come closer?



We managed to pass the ball all along the court without dropping it!

I'm going to do a chest pass. Have your hands ready!



# Can you attack and defend?



He threw the ball without me looking so it hit me on the hand – you must wait until the other person is looking!



I'm getting better each time!



We reviewed three ways to pass a ball: chest pass, gentle overarm and an underarm pass. We then played a game of 'piggy in the middle' where the person in the middle has to intercept the ball.



I had to jump to get the ball.



# Can you use your new skills in a game?

You have to throw the ball to your teammates



When you have the ball in your hand you cannot move your feet.





**What I have learnt before:**

- dribbling a ball in basketball.
- Importance of warming up before exercise.
- Passing a ball using my foot in football.

**Forever Facts**

I know that if I keep my eyes on the ball, I will be more likely to catch it.

I know that spreading my fingers will help me to catch a ball.

I know to look for my teammates when I need to pass the ball.

**Skills**

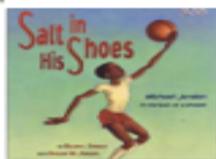
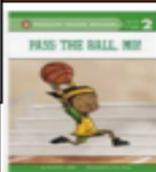
I can look around me and not at my feet when playing a game

I can keep a ball close to me using my feet or a stick when dribbling

**Endpoint:**

I can use my new skills in a game situation.

**Exciting Books**



**Personal Development**

- To know that exercise is important for our body to keep us healthy.
- Working collaboratively with others.
- To know and follow simple rules in a game.
- Jobs: PE coach, Gym instructor

**Subject Specific Vocabulary**

Receive	Take into possession something delivered (sent, passed).
Pass	Giving the ball to someone else.
Dribble	Take the ball forwards and past opponents by using your feet or a stick.
Control	Have power over.
Intercept	To stop someone taking something somewhere. Eg, getting the ball <u>off of</u> someone.