

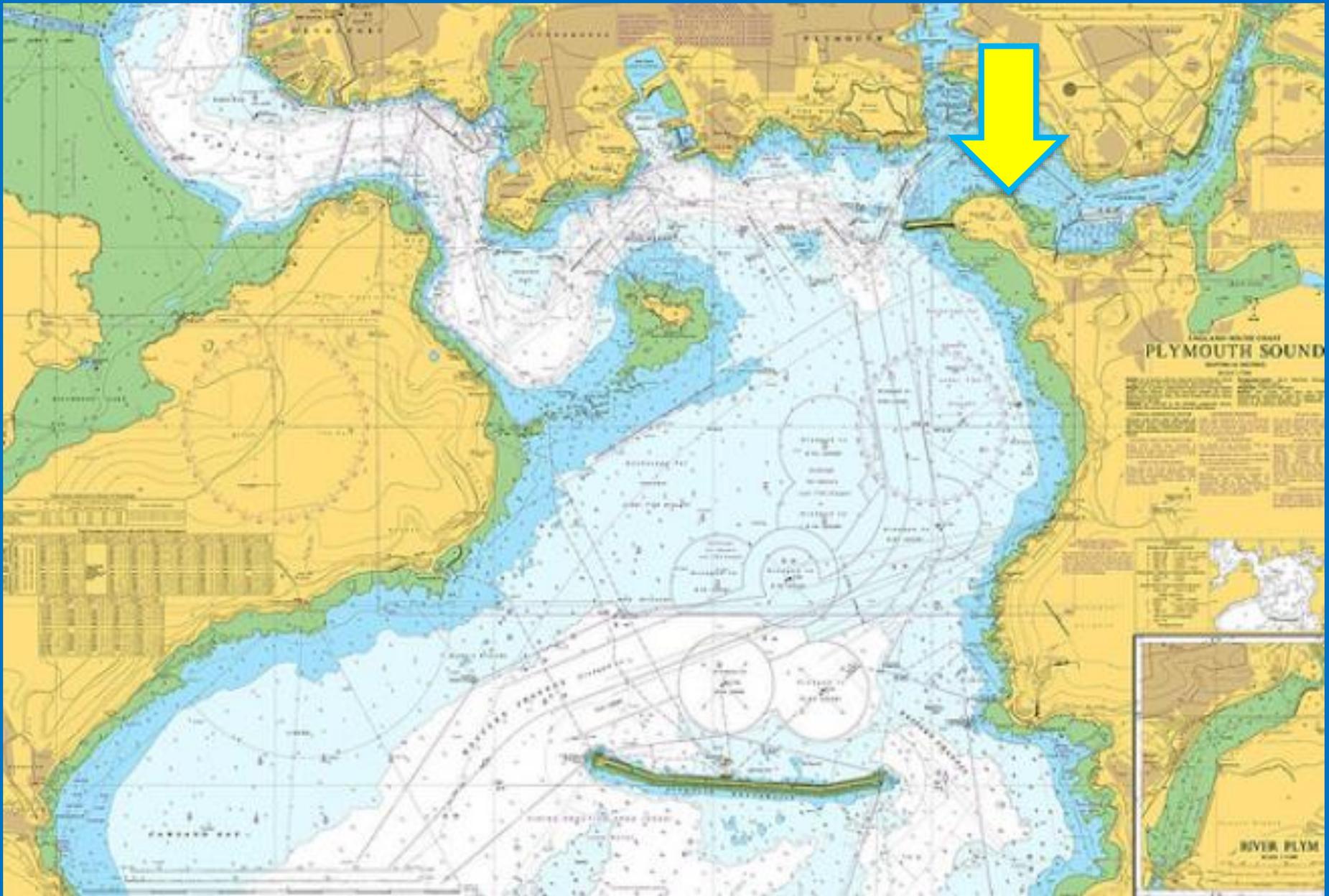


**Fourlanesend  
Adventurous  
Activities Trip  
12 – 14 July 2022**

# What's it all about?

- Outdoor activity skills
- Learning outside the classroom
- Personal organisation and challenge
- Most importantly **FUN!!!**





# The Mount Batten Day

- Arrive at Mount Batten & meet instructors
  - Morning Activity
  - Lunch (eat lots!)
  - Afternoon Activity
    - Review
  - Evening Activity
    - Sleep!

# Activity Programme

NB subject to change due to weather, tides etc

	Tuesday			Wednesday			Thursday	
	AM	PM	Eve	AM	PM	Eve	AM	PM
<b>Group A</b> (12)	Funboat Sailing		The Great Egg Race	Kayaking	Climbing	Marine Biological Association Plankton Study	Bellboat	Giant Paddleboard
<b>Group B</b> (15)	Kayaking	Climbing		Funboat Sailing				



# Kayaking



# Boathouse Climb



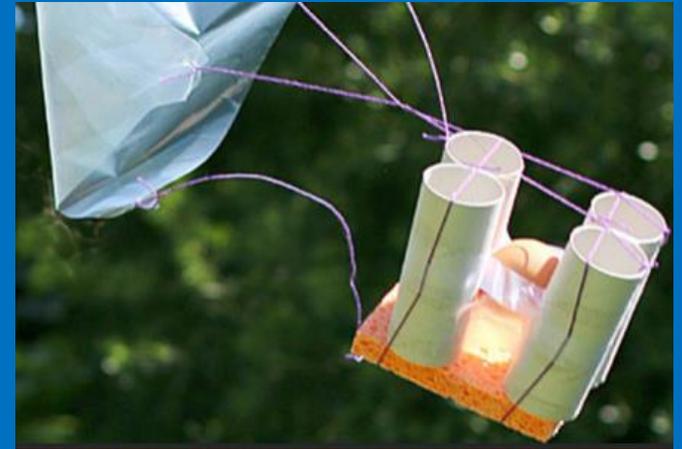
# Funboat Sailing



# Giant SUP and Bellboating



# Evening Activities – Great Egg Race & Plankton Study



# What you will need to bring – for activities / overnight stay

- Packed Lunch/Easy to eat snack/Drink(s)
- Old trainers & socks (for getting wet)
- Thin tops (avoid cotton) & fleece jumpers
- Tracksuit bottoms or other long trousers (No jeans) Shorts ok if hot but beware of sunburn!
- Swimming costume, TOWEL
- Hat (fleece or sun hat / cap)
- Sun cream
- Overnight clothing – toiletries, pyjamas, medicines etc

# Staying at Mount Batten



➤ Bring Packed Lunch for the first day

➤ Meals are then provided from Dinner on First Day through to Breakfast and Packed lunch on departure day

➤ Bedding is provided – but you need your own towel!

➤ Shared cabin rooms



**Any Questions???**

