

PSHE – Summer term 2 – Year 3/4

Weekly Celebration	Pieces and Vocabulary	PSHE learning intention	Social and emotional development learning intention	Resources
Understand that everyone is unique and special	1. Unique Me <ul style="list-style-type: none"> • <i>Personal</i> • <i>Unique</i> • <i>Characteristics</i> • <i>Parents</i> • <i>Gene</i> 	I understand that some of my personal characteristics have come from my birth parents and that this happens because I am made from the joining of their egg and sperm	I appreciate that I am a truly unique human being	Jigsaw Jaz, Jigsaw Chime, 'Calm Me' script, Kitten and cat cards , Photo of teacher with parents , 'Parents and children' templates , Jigsaw Jaz's post box (teacher to make), Jigsaw Journals, My Jigsaw Journey, Learning Steps/Reflection sheet, Jigsaw Jerrie Cat.
Can express how they feel when change happens	2. Having a Baby <ul style="list-style-type: none"> • <i>Sperm</i> • <i>Egg/Ovum</i> • <i>Penis</i> • <i>Testicles</i> • <i>Vagina</i> • <i>Womb/Uterus</i> • <i>Ovaries</i> • <i>Making love</i> • <i>Having sex</i> • <i>Sexual intercourse</i> • <i>Fertilise</i> • <i>Conception</i> 	I can correctly label the internal and external parts of male and female bodies that are necessary for making a baby	I understand that having a baby is a personal choice and can express how I feel about having children when I am an adult	Making Things cards , Jigsaw Chime, 'Calm Me' script, Jigsaw Jaz, Flashcard pictures of sperm and egg , Animation: The Female Reproductive System , Fact File (Printed copies of slides) , Jigsaw Journals, My Jigsaw Journey, Jigsaw Jaz's Post box (from last lesson) , Learning Steps/Reflection sheet, Jigsaw Jerrie Cat.

Understand and respect the changes that they see in themselves	3. Puberty and Menstruation <ul style="list-style-type: none"> • Puberty • Menstruation • Menstrual Cycle • Periods • Menstrual Pads • Period Pants • Tampons • Vagina • Vulva • Ovaries • Oestrogen • Fallopian Tube • Fertilised 	I can describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this	I have strategies to help me cope with the physical and emotional changes I will experience during puberty	How do I feel about puberty?' cards, Jigsaw Chime, 'Calm Me' script, A 'bag of tricks' – a mystery bag containing a collection of items relating to puberty and growing up- see lesson plan for suggestions, Animation: The Female Reproductive System - (Check version!), Sets of Menstruation Cards for card-sort and/or sticking into Jigsaw Journals, Jigsaw Journals, Jigsaw Jaz, Jigsaw Jaz's post box, My Jigsaw Journey, Learning Steps/Reflection sheet, Jigsaw Jerrie Cat.
Understand and respect the changes that they see in other people	4. Circles of Change Puzzle Outcome: Circles of Change <ul style="list-style-type: none"> • Circle • Seasons • Change • Control 	I know how the circle of change works and can apply it to changes I want to make in my life	I am confident enough to try to make changes when I think they will benefit me	Jigsaw Song: 'A New Day', Jigsaw Jaz, Jigsaw Chime, 'Calm Me' script, Season tree pictures, Slide show, Circle of Change diagram/template, Split pins, Cardboard arrows, Jigsaw Journals, My Jigsaw Journey, Learning Steps/Reflection sheet, Jigsaw Jerrie Cat.