

PE

How do we play a game of cricket?



Class Tamar

Spring 2 2024

We learnt how to hit a ball consistently using our bats. We discovered that we can aim the ball in different directions by changing the angle of our bat. We spent some time practising this with the aim to direct the ball away from the fielders.



The ball goes in the direction I angle the bat at – it's just a bit tricky to hit the ball every time. I think I need more practise.

If I hit the ball too high the fielders find it easier to catch the ball! If the ball is caught then I'm out!

We continued to practise hitting a ball consistently using our bats whilst aiming the ball away from the fielders. We then practised our fielding skills making sure that we were confident at passing and catching the ball from a range of distances.

I'm getting more confident at hitting the ball with my bat each time.



We learnt how to bowl a ball overarm in a straight line towards a target. We had to try and make sure that the ball bounced just once before passing the stumps.

When bowling you straighten your elbow and arm.



You have to swing your arm over your head like a windmill to then release the ball to the batter.

As a class we recapped on the skills we have learnt so far and practised running between the wickets. We finished the lesson with a mini game of cricket in small teams.

We need to try and get as many runs as we can before the ball gets back to the wicket.



It's important to keep an eye on where the ball is so that you don't try to do too many runs and get stumped out.

We finished our unit by using the skills we have learnt to play a Cricket match with Class Lynher. Class Lynher helped us recap how to bowl correctly before the matches began!



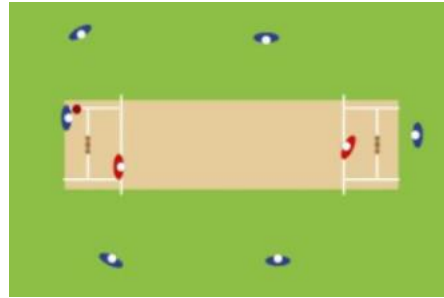
I've improved at hitting the ball more accurately which makes the ball go further.



Lynher were great at encouraging us and were good team mates!

What I have learnt before:

- We have used bats and rackets and have practised throwing and catching with accuracy.

**Forever Facts**

You can be out in cricket by being caught or if the ball hits the wicket.

The more accurately you hit the ball, the further it will go.

The aim of the game is to score as many runs as possible, while the fielding team try to take as many wickets as they can and limit the amount of runs scored. The team with the most runs wins.

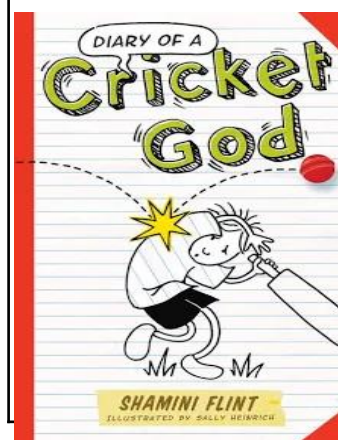
Skills

I can begin to hit a moving ball with increasing accuracy.

I can bowl using an underarm throw or overarm.

I can catch with increasing accuracy.

I can begin to field effectively, keeping my eyes on the ball and communicating with my team mates.

Exciting Books**Our Endpoint**

I can play a game of cricket using the skills I have learnt.

Subject Specific Vocabulary

Underarm	A throw made with the arm or hand below shoulder level.
Overarm	A throw made with the hand or arm passing above the level of the shoulder.
Wicket	Three stumps with two bails across the top.
Stumps	Each of the three upright pieces of wood which form a wicket.
Crease	A line defining the position of the batter.
Field	Attempt to catch or stop the ball and return it after it has been hit by the batter.
Bowl	To throw a ball towards a batsman.

Personal development:

Develop team skills. Promote healthy lifestyle.
Jobs you could do: PE teaching, sports coach.