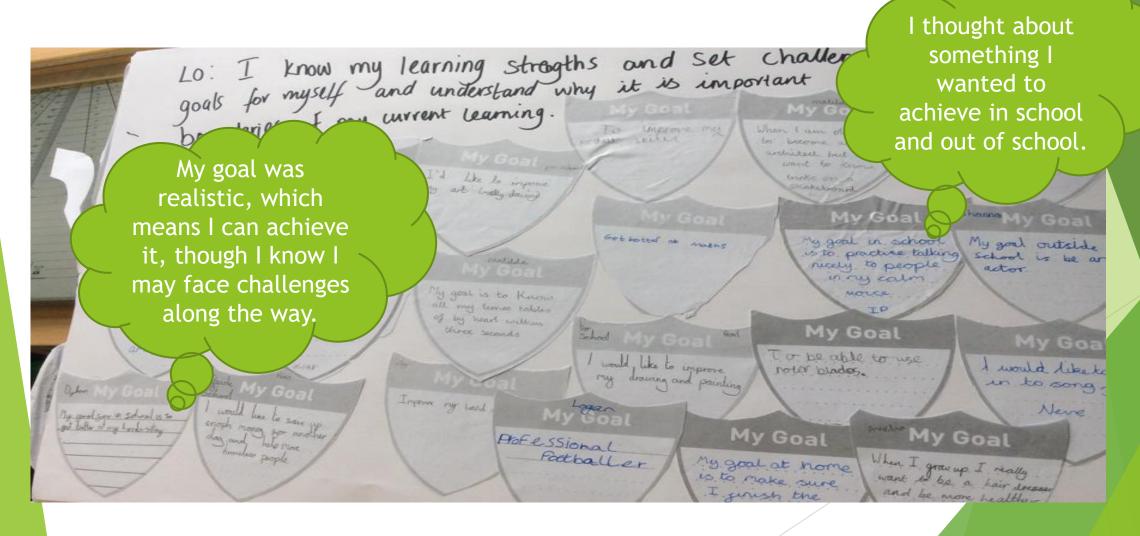
PSHE

Dreams and goals

Lynher Spring 1 2023

I know my learning strengths and can set challenging but realistic goals for myself.



I can work out the learning steps I need to take to reach my goal and understand how to

motivate myself to work on these.



Setting steps to success made my goal feel more achievable.

I know what my strengths are and who can support me to reach my goal.

I would like to improve my maths in school.

I could practice the things I have learnt at school recently every day for half an hour to an hour.

I could take my time and not rush and practice until I get it.

If I get stressed out then have a break and then go back to it.

A strength to help me is concentrate in school.

In other subjects I could look for things that could help me in maths.

I can identify problems in the world that concern me and talk to other people about





